

MAKING RELATIONSHIPS WORK

When they don't and what to do about it

By Stanley J. Gross, Ed.D.

What the booklet is about

It is no news that marital relationships in America have been in crisis for some time. What ordinarily begins with high hopes ends, in more than half of American marriages, in emotional suffering for the partners and their children. It does not have to be this way! It is not this way for couples who see their relationship as "works in progress." They have a way to accept their differences, calm their fears, deal with their stress, and affirm their relationship. This book addresses the reasons relationships are in trouble and details the skills needed to prevent and remedy problems.

Specifications

37 pages, 8 ½" X 11" – 13 articles, suggested readings, and exercises.
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Dr. Stanley J. Gross
110 West Squantum Street, Suite 17
Quincy, MA 02171

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