

STANLEY J. GROSS, Ed. D.
Licensed Psychologist
110 West Squantum Street, Suite 17
Quincy, MA 02171
(617) 429-6454

DIRECTORY OF SELF-HELP GROUPS
As of April 25, 2003

Self-help groups

Adult Children of Alcoholics (ACOA)	617/935-2288 www.adultchildren.org
Al-Anon (ACOA, Alateen)	800/356-9996, 617/843-5300
Al-Anon Family Groups, Inc.	800/344-2666 www.al-anon.alateen.org
Alcoholics Anonymous (AA)	617/426-9444 www.alcoholics-anonymous.org
Bettors Anonymous (SA)	508/988-1777 www.bettorsanonymous.org
Cocaine Anonymous (CA)	617/935-3343, 617/332-9888 www.ca.org
Co-Dependents Anonymous (CODA)	508/952-6510 www.codependents.org
Debtors Anonymous (DA)	617/739-2255, 617/728-1426 www.debtorsanonymous.org
Emotions Anonymous (EA)	617/729-7011 www.emotionsanonymous.org
Gam-Anon	617/570-0866 www.gam-anon.org
Gamblers Anonymous (GA)	617/338-6020 www.gamblersanonymous.org
Incest Survivors Anonymous (ISA)	617/266-1030 www.siawso.org
Narcotics Anonymous (NA)	617/963-7472, 617/884-7709
Overeaters Anonymous (OA)	617/641-2303 www.overeatersanonymous.org
Parents Anonymous (PA)	800/882-1250, 617/267-8077 www.na.org
Smart Recovery	781/891-7574 www.smartrecovery.org
Sex & Love Addicts Anonymous (SLAA)	617/625-7961 www.slaafws.org

Other sources of help and information

Alcohol & drug hotline	800/327 -5050
Domestic Violence Information & Referral Service	800/992-2600
EMERGE	617/422-1550 www.emergedv.com
MA Coalition of Battered Women Service Groups	617/426-8492
Parental Stress line	800/632-8188
Parents & Friends of Lesbians and Gays (PFLAG)	617/547-2440 www.pflag.org
Parent to Parent	617/783-3900
Parents without partners	508/788-1040 www.parentswithoutpartners.org
Samaritans	617/247-0220 www.metanoia.org/suicide/samaritans.htm
Widowed to Widowed	617/729-2102
Young Widows & Widowers	508/475-5556 www.youngwidowsandwidowers.com
:	